

NBIAA

Northern Burlington Instructional Athletic Association
P.O. Box 334, Columbus, New Jersey 08022

2005 NBIAA Rookie Baseball & Softball League Objectives

- To provide an enjoyable and fun atmosphere for the children to learn the game.
- Instruct the basic mechanics of swinging the bat and making consistently good contact.
- Teach the proper techniques of running the bases and feet-first sliding.
- Instruct the proper mechanics of throwing the ball, using the six step approach.
- Teach the proper method of catching and fielding a thrown or batted ball, while emphasizing movement of the feet to put the body in position.
- Begin teaching the value of **practicing** the fundamentals.
- Demonstrate good sportsmanship and respect for teammates, opponents, coaches, and officials.
- Reinforce the value of care for equipment and facilities.
- **HAVE FUN!!!**